

# Ayurveda Specialities In-sights

A Survey Report On Ayurveda Specialities For  
Post Graduation



**01** A good clinical  
experience

**02** Best faculty & adequate  
research opportunities

**03** Opportunity to excel  
in the field

A hand holding a pen over a piece of lined paper with the word 'DISCLAIMER' written on it. The paper is tilted and the text is in a large, bold, sans-serif font. The background is a light, textured surface.

DISCLAIMER

# Disclaimer

This report focusses on specialities for Post- graduation in Ayurveda. It is based on opinions from experts and online survey conducted by Roundglass-Curofy. The primary aim of this report is providing guidance to the students and the company holds no responsibility or any benefits from any organization for it.



**Dr. Ritesh Gujarathi**  
**B.A.M.S, M.D, PhD**

Reader, Dept. of Basic Principles, G J Patel  
Institute of Ayurvedic Studies & Research,  
Anand, Gujarat  
13 years of Experience

## Top 5 PG Colleges for **Ayurved Samhita Siddhanta**

1. National Institute of Ayurveda, Jaipur, Rajasthan
2. IPGTRA, Jamnagar, Gujarat
3. Institute of Medical Sciences, Banaras Hindu University, Varanasi
4. Sri Dharmasthala Manjunatheshwara College Of Ayurveda, Hassan, Karnataka
5. Sri Dharmasthala Manjunatheshwara College Of Ayurveda, Udupi, Karnataka

## Opportunities

Thorough study of Ayurveda Samhitas and Basic Principles helps to increase the understanding of complex Ayurveda Phenomenon. Proper teaching, research or clinical practice is not possible without better understanding of it. Such in depth study also opens the opportunities as under:

1. Teaching
2. Research
3. Private Clinic
4. Medical Officer at Govt/ Private hospital



**Dr. Rita Marwaha**  
**B.A.M.S, M.D**

Professor, Dept. of Rachna Sharir, Pt.  
Khushilal Sharma Govt. Ayurveda College,  
Bhopal, MP  
24 years of Experience

## Top 5 PG Colleges for **Rachna Shareera**

1. Institute of Medical Sciences, Banaras Hindu University, Varanasi
2. National Institute of Ayurveda, Jaipur, Rajasthan
3. Pt. Khushilal Sharma Govt. Ayurveda College, Bhopal, MP
4. Tilak Ayurved Mahavidyalaya, Pune, Maharashtra
5. Sri Dharmasthala Manjunatheshwara College Of Ayurveda, Hassan, Karnataka.

## Opportunities

Students pursuing PG in the concerned subject get trained to perform as proficient academicians as well as clinicians. Practice of Marma chikitsa , Siravedha etc as they have precise and thorough knowledge of vital structures of body.



**Dr. Nagaraj Kamath**  
**B.A.M.S, M.D**

Ass. Professor, Dept of kriya shareera, SDM  
College Of Ayurveda and Hospital, Hassan.  
7 years of Experience

## Top 5 PG Colleges for **Kriya Shareera**

1. Sri Dharmasthala Manjunatheshwara College Of Ayurveda, Hassan, Karnataka
2. National Institute of Ayurveda, Jaipur, Rajasthan
3. Institute of Medical Sciences, Banaras Hindu University, Varanasi
4. Tilak Ayurveda Mahavidyalaya, Pune, Maharashtra
5. Government Ayurveda Medical College, Kannur, Kerala

## Opportunities

As a Post Graduate in Ayurvedic Physiology one will get wide range of exposure towards fundamentals of Ayurveda, literary research along with clinical exposure.

Wide range of opportunities in academic section-teaching field in government, aided & private colleges.

Open a health care centre, advise to maintain one's own health as per the body and mind constitution.

Opportunity to be part of research projects.



**Dr. Venkatakrishna K. V.**

**B.A.M.S, M.D**

Prof & HOD of Swastha Vritta, Govt.  
Ayurveda Medical College, Mysuru,  
Karnataka

15 years of Experience

## Top 5 PG Colleges for **Swastha Vritta**

1. All India Institute of Ayurveda, Delhi
2. Government Ayurveda College, Thiruvananthapuram, Kerala
3. National Institute of Ayurveda, Jaipur, Rajasthan
4. Institute of Medical Sciences, Banaras Hindu University, Varanasi
5. Sri Dharmasthala Manjunatheshwara College Of Ayurveda, Hassan, Karnataka

## Opportunities

1. Academics & teaching.
2. Ayurveda Consultant at your own setups & other setups
3. Lifestyle consultants
4. Nutritional expert/Diet consultant
5. Yoga & Naturopathy consultant

# Expert Opinion



**Dr. Shobha Bhat.K**

**B.A.M.S, M.D, PhD**

Ass. Professor, Agadtantra  
Faculty of Ayurveda  
IMS BHU, Varanasi

12 years of Teaching experience

## Top 5 PG Colleges for Agadtantra & Vyavahar Ayurved Vidhi Vaidyaka

1. Shri BM Kankanawadi Ayurveda Mahavidyalya, Belgaum, Karnataka
2. National Institute of Ayurveda, Jaipur, Rajasthan
3. VPSV Ayurveda College, Kottakkal
4. Government Ayurveda College, Thiruvananthapuram, Kerala
5. Sri Dharmasthala Manjunatheshwara College of Ayurveda and Hospital, Hassan, Karnataka.

### Opportunities

1. Research,
2. Teaching
3. Clinical practice

All three aspects are equally justified

# Expert Opinion



**Dr. Manas Ranjan Hota**  
**B.A.M.S, M.D, PhD**

Principal, Bharti Ayurved Medical  
College, Durg, Chattishgarh.

17 years of Academic & clinical Experience.

## Top 5 PG Colleges for Rog Nidaan & Vikruti Vigyaan

1. National Institute of Ayurveda, Jaipur
2. Institute of Medical Sciences, Banaras Hindu University, Varanasi
3. All India Institute of Ayurveda, New Delhi
4. Ch Brahm Prakash Ayurved Charak Sansthaan, New Delhi
5. IPGTRA, Jamnagar Ayurveda University, Gujarat

## Opportunities

1. After having a M.D. degree in Roga Nidan and Vikruti Vigyan it is very easy to get a teaching job in Government & Private Colleges.
2. Knowledge of this subject also immensely help in clinical Ayurveda Practice



**Dr. Manish S. Bhoyar**  
**B.A.M.S, M.D**

Assistant Professor in the Dept of Rasashstra  
and Bk, Government Ayurved College,  
Nagpur

10 years of Teaching & Research Experience

## Top 5 PG Colleges for **Rasa Shastra & Bhaishajya Ratna**

1. IPGTRA, Jamnagar, Gujarat
2. Banaras Hindu University, Banaras
3. National Institute of Ayurveda, Jaipur, Rajasthan
4. Sri Dharmasthala Manjunatheshwara College of Ayurveda and Hospital, Hassan, Karnataka
5. All India Institute of Ayurveda, Delhi

## Opportunities

1. Teaching Profession
2. Pharmaceuticals: Can work as Quality Control officer, Production Expert, Drug Development and Drug research with the aspect of Standardization of ASU drugs, Preclinical studies, Clinical Trials. Can set up Analytical Lab for ASU drugs
3. Pharmacovigilance. Can set up own pharmacy.
4. Clinical Exposure: Kalpa Studies in RSBK give expertise to use them in clinical Practice



**Dr. Vidhi Bapna**  
**B.A.M.S, M.D**

Professor & HOD, Dept. of Gravyaguna of JS  
Ayurveda College, Nadiad  
13 years of Experience

## Top 5 PG Colleges for **Dravyagunna Vigyaan**

1. IPGTRA Jamnagar, Gujarat.
2. National Institute of Ayurveda, Jaipur, Rajasthan
3. J S Ayurveda Mahavidyalaya, Nadiad
4. Shri BM Kankanawadi Ayurveda Mahavidyalya, Belgaum, Karnataka
5. Government Ayurveda College, Bangalore

## Opportunities

1. R&D Department of Ayurvedic Pharmacies
2. Faculty or teaching in Ayurveda college.
3. Research officer in units which focus on herbal plant drugs, such as CCRAS.
4. Cultivation or Marketing expert of Medicinal plants.



**Dr. Shailaja U**

**B.A.M.S, M.D, PhD**

Prof & HOD Kaumarabhritya, SDM  
College of Ayurveda & Hospital, Hassan,  
Karnataka

24 years of experience

## Top 5 PG Colleges for **Kumarbhritya** & **Balroga**

1. Sri Dharmasthala Manjunatheshwara College of Ayurveda and Hospital, Hassan, Karnataka
2. Institute of Medical Sciences, Banaras Hindu University, Varanasi
3. Government Ayurveda College, Thiruvananthapuram, Kerala
4. IPGTRA, Jamnagar, Gujarat
5. National Institute of Ayurveda, Jaipur, Rajasthan

## Opportunities

1. Clinical Practice
2. Academics
3. Clinical Research - Developmental Disabilities, Enhancement of Intellect(IQ), Immunity, Chronic disease condition



**Dr. Vishwesh B N**  
**B.A.M.S, M.D, PhD**

Associate Professor, Dept. of Prasooti tantra and Stri roga, Faculty of Ayurveda, IMS, BHU, Varanasi, Uttar Pradesh  
11 years of Experience

## Top 5 PG Colleges for **Prasooti Tantra** and **Stri Roga**

1. IPGTRA Jamnagar, Gujarat.
2. Institute of Medical Sciences, Banaras Hindu University, Varanasi
3. National Institute of Ayurveda, Jaipur, Rajasthan
4. All India Institute of Ayurveda, Delhi
5. Sumatibhai Shah Ayurved Mahavidyalaya, Hadapsar, Pune, Maharashtra

## Opportunities

1. The program offers theoretical and practical knowledge in Gynaecology and Obstetrics, management of antenatal and postnatal care, common gynaecological problems and menopausal syndrome to utilize the techniques of female health care and to achieve a healthy baby.
2. Garbha Samskara techniques and prenatal counselling for couples planning for healthy progeny, proper antenatal care with Ayurveda is a demand from the society.



**Dr. Somraj Madhukar Kharche**  
**B.A.M.S, M.D, PhD**

Reader, Kaychikitsa Dept. Govindbhai  
Jorabhai Patel Ayurveda College, Anand,  
Gujarat  
12 years of Experience

## Top 5 PG Colleges for **Kayachikitsa**

1. IPGTRA Jamnagar, Gujarat.
2. National Institute of Ayurveda, Jaipur, Rajasthan
3. Institute of Medical Sciences, Banaras Hindu University, Varanasi
4. VPSV Ayurveda College, Kottakkal, Kerala
5. Tilak Ayurved Mahavidyalaya, Pune, Maharashtra

## Opportunities

kayachikitsa deals with the study of general medicine so it imparts in-depth knowledge.

The program provides instruction in neurology, cardiology, nephrology and mental diseases all together..

Jobs available in varied sectors such as research organizations, government and private medical hospitals, healthcare services, multi-specialty clinics, medical journal publications, pharmaceutical companies, educational institutions, dispensaries.



**Dr. Vinay Chaudhary**  
**B.A.M.S, M.D**

Medical officer in AYUSH Haryana  
12 years of Experience

## Top 5 PG Colleges for Panchkarma

1. Government Ayurveda College, Thiruvananthapuram, Kerala
2. Sri Dharmasthala Manjunatheshwara College Of Ayurveda, Hassan, Karnataka.
3. Bharati Vidyapeeth Deemed University, College of Ayurved, Pune
4. IPGTRA, Jamnagar, Gujrat
5. National Institute of Ayurveda, Jaipur.

## Opportunities

1. Ayurvedic panchkarma clinic or set up.
2. Wellness Centres
3. Faculty in Ayurveda college for Panchkarma
4. Government set Ayurvedic Panchkarma centres



**Dr. Suhas Kumar Shetty**  
**B.A.M.S, M.D, PhD**

Profe and HOD of Mano Vijnana Avum  
Manasa Roga – SDM College of Ayurveda,  
Hassan Karnataka  
14 years of Experience

## Top 5 PG Colleges for **Manasa Roga**

1. Sri Dharmasthala Manjunatheshwara College Of Ayurveda, Hassan, Karnataka
2. VPSV Ayurveda College, Kottakkal, Kerala
3. Institute of Medical Sciences, Banaras Hindu University, Varanasi, UP
4. Sri Dharmasthala Manjunatheshwara College Of Ayurveda, Udupi, Karnataka
5. Alva's Ayurveda Medical College, Moodbidri, Karnataka.

## Opportunities

There is great scope for clinical practice. You get an extensive training in research under able guidance of experienced faculty. You get extensive exposure in clinical practice of common mental disease like Depression, anxiety, insomnia, Alcohol abuse, epilepsy, stress related disorders etc. You get training in Panchakarma, Satvavajaya Chikitsa (Counseling techniques) , Yoga and meditation



**Dr. Gaurav Phull**  
**B.A.M.S, M.D**

Clinical registrar, Ch Brahm Prakash Ayurveda  
Charak Sansthaan, Delhi  
13 Years of Experience

## Top 5 PG Colleges for **Shalya Tantra**

1. Rajiv Gandhi Government Post Graduate Ayurvedic College, Paprola, Himachal Pradesh
2. Institute of Medical Sciences, Banaras Hindu University, Varanasi
3. National Institute of Ayurveda, Jaipur
4. Sri Dharmasthala Manjunatheshwara College of Ayurveda and Hospital, Hassan, Karnataka
5. Shri BM Kankanawadi Ayurveda Mahavidyalya, Belgaum, Karnataka

## Opportunities

1. Numerous opportunities to excel in Clinical field. One can learn good and study emergency management with shalya.
2. Good earning specially with Kshar sutra which is the forte of Ayurveda.
3. Prospects of successful case dealings if you want to specialise in Ano-rectal diseases, varicose veins, urethral strictures & proctology, where even modern science agrees Ayurveda is better.



**Dr. Ashwini M J**  
**B.A.M.S, M.S**

Professor and Head, Dept Of PG Studies in  
Shalaky tantra, Sdm College of Ayurveda  
and hospital Hassan  
22 years of Experience

## Top 5 PG Colleges for **Shalaky Tantra**

1. Sri Dharmasthala Manjunatheshwara College of Ayurveda and Hospital, Hassan, Karnataka
2. IPGTRA, Jamnagar, Gujrat
3. Tilak Ayurveda college, Pune
4. Shri BM Kankanawadi Ayurveda Mahavidyalya, Belgaum, Karnataka
5. Government Ayurveda College, Thiruvananthpuram, Kerala

## Opportunities

1. Management of Neurological Eye and ENT cases.
2. Management of life style based Eye and ENT disorders
3. Kriyakalpa theatre development, ophthalmology OT and ENT OT, Refraction units, eye exercises lounge establishment,
4. Ocular medicine preparation